

Energetiks® SIZE GUIDE

Child garment size guide

	Ch XXSml	Ch XSml	Ch Sml	Ch Med	Ch Lge	Ch XLge	Ch XXLge
Size (AUS)	2-3	4-5	6-7	8-9	10-11	12-13	14-15
Age (years)	3	5	7	9	11	13	14
Height (cm)	95	115	125	135	145	155	160
Chest (cm)	54	59	64	69	74	79	84
Waist (cm)	53	56	58	61	63	66	68.5
Hip (cm)	59	64	69	74	79	83	87

Front-lined leotards please go up one size.

Youth garment size guide

	Yth Med	Yth Lge	Yth XLge
Size (AUS)	8-9	10-11	12-13
Age (years)	9	11	13
Height (cm)	135	145	155
Chest (cm)	69	74	79
Waist (cm)	61	63	66
Hip (cm)	74	79	83

Front-lined leotards please go up one size.

Womens garment size guide

	Ad XXSml	Ad XSml	Ad Sml	Ad Med	Ad Lge	Ad XLge	Ad XXLge
AUS/UK	6	8	10	12	14	16	18
USA	0-2	2-4	4-6	6-8	8-10	10-12	12-14
Europe	34	36	38	40	42	44	46
Bust (cm)	77	83	88	93	98	103	108
Waist (cm)	58	65	70	75		85	90
Hip (cm)	83	93	98	103	108	113	118

Mens garment size guide

	Ad XSml	Ad Sml	Ad Med	Ad Lge	Ad XLge
Chest (cm)	85	90	96	102	108
Waist (in)	28"	30"	32"	34"	36"

Energetiks Colour Chart

AQU Aqua	AUB Aubergine	BBL Baby Blue	BPK Ballet Pink	BER Berry	BLK Black	BUR Burgundy	CDY Candy	CER Cerise
CBT Cobalt	CFL Cornflower	DPR Deep Purple	DES Diesel	DPK Dusty Pink	EBL Electric Blue	FLE Flesh	FLM Fluoro Lime	FUS Fuchsia
HPK Hot Pink	GML Grey Marle	JAC Jacardanda	JAD Jade	LIL Lilac	LUN Lunar	MAG Magenta	MAR Marine	MVE Mauve
MUL Mulberry	NAVY Navy	ORG Orange	PPK Punk Pink	PPR Party Purple	PUR Purple	RAS Raspberry	RED Red	SIL Silver
SKN Skin Tone	SUN Sunburst	TEL Teal	TUR Turquoise	YEL Yellow	VBG Vibrant Green	WHT White		